



Post Graduate Course in Systemic Therapy and Family Therapy

Foundation Level 2024

The Post Graduate Course in Systemic Therapy and Family Therapy has training program accreditation from the Australian Association of Family Therapy (AAFT).

About the training

You'll need a previous qualification in the medical or allied health professions and be currently working in a clinical role.

- The foundation level focuses on understanding the concepts and developing skills in Systemic Family Therapy. The second year focuses on narrative and solution focused approaches and the integration of these with systemic therapy.
- There is an emphasis on understanding the clinical implications of developing relational and contextual perspectives to emotional, behavioral and mental health problems.
- Plenty of focused skills development practice, and observation of family therapy sessions.
- Supervised family therapy practice with clients referred to the Low Fee Clinic, with video reviews of sessions to enhance learning.
- Learning how to participate in reflecting teams.
- Articles are provided and discussed weekly.
- Maps of practice and scales of systemic competencies are used to help with the learning and the application of systemic skills.

Who is the training for?

This training program is designed for clinicians looking for in depth learning of the theory and practice of Systemic Therapy and Family Therapy. Upon satisfactory completion of the course, trainees are eligible to apply for clinical membership of the AAFT.

This level consists of 200 hours, meeting weekly for 5 hours, on Tuesdays from 12.00pm to 5.00pm beginning Tuesday, 13th February, 2024 at 2/141 Stirling Highway, Nedlands, Perth.

How to apply or find our more about the training

Full Course prospectus including cost, available at roxannegarven.com.au

Information about the Trainers is on the following page.

If you would like to meet or talk with Roxanne, or Ben please contact Roxanne on **0423 165 971** or email rgarven@iinet.net.au and Ben on **0419 949 243** or ben.shannahan@gmail.com

About the Trainers

**Roxanne
Garven**



Roxanne Garven is an experienced Systemic Psychotherapist and Trainer with postgraduate qualifications in Systemic Psychotherapy and Family Therapy (U.K.) Her background is in Clinical Social Work and she is a Clinical member of the Australian Association of Family Therapy. She is the founder and Director of the Systemic Consultation Centre, Perth, which delivers accredited Post Graduate training in Family Therapy and Systemic Therapy. She is a past President of the Board of the Australian and New Zealand Journal of Family Therapy and is a current board member and assessor for the Journal.

Ben Shannahan



Ben (he/him) is a Systemic & Family Psychotherapist and clinical member of AAFT and AFT(UK). Ben holds a Masters in Systemic Family Therapy from the Kensington Consultation Centre (University of Bedfordshire, UK) and holds a Masters in Narrative Therapy and Community Work through the Dulwich Centre and the University of Melbourne.

Ben has many years of experience working primarily in social work and child and adolescent mental health in London and in Perth. He is part of the teaching faculty of PartnershipProjectsUK, The Institute of Narrative Therapy (UK) and the Dulwich Centre. He has facilitated training in family and narrative therapy nationally and internationally.