



5 Day Introduction to Systemic and Family Therapy Practice Workshop 2021

Mon 5 July - Fri 9 July 2021

About Family and Systemic Therapy

One of the most significant contributions of the systemic approach is its viewing of problems as interpersonal and contextual. This thinking shifts the emphasis towards observing patterns of relationships around problems, placing problems in context, as well as understanding the belief systems that underpin these patterns and relationships.

Workshop Overview

This popular course, run since 2004, will introduce the key principles of systemic and family therapy practice as well as provide many opportunities to practice core family therapy skills, such as, developing systemic conceptualisations of problems, generating systemic hypothesis, using circular and relationship questions to bring out and evaluate problematic patterns. The workshop will also assist with the implications of making the shift from working with an individual to working with families.

Overview of Format

- Learning is facilitated via daily article seminars, theory presentations, observation of demonstration interviews, simulation of family interviews, skill development exercises.

- Exploring the influences of the participants' beliefs and context on the therapist/ client relationship.

Key Outcomes

- To understand the theoretical underpinning of the systemic approach
- To appreciate the recursive nature of beliefs, behaviour and emotions
- To appreciate and evaluate the influence of context on meanings ascribed to problems
- To understand circular processes and patterns
- To critically reflect on the different views of reality and objectivity and their influence on therapist understanding and behaviour
- To gain clinical skills in the practice of systemic hypothesising and questioning (the Milan approach)
- Assessing and responding to referrals and working with wider systems
- Designing therapeutic interventions
- Developing reflecting team skills

Workshop details

When:

9.00am to 4.00pm

Monday 5 July to Friday 9 July 2021

Where:

2/141 Stirling Avenue, Nedlands, WA 6009

Rates:

Early Bird: \$840.00 (inclusive of GST) when registering before Friday 18 June 2021

Standard: \$880.00 (inclusive of GST) when registering after Friday 18 June 2021

Number of participants:

Maximum 10

For more details:

Please contact Roxanne Garven on 0423 165 971, email hello@roxannegarven.com.au or visit roxannegarven.com.au

About your trainer

Roxanne Garven



Roxanne Garven is an experienced Systemic Psychotherapist and Trainer with postgraduate qualifications in Systemic Psychotherapy and Family Therapy (U.K.) Her background is in Clinical Social Work and she is a Clinical member of the Australian Association of Family Therapy. She is the founder and Director of the Systemic Consultation Centre, Perth, which delivers accredited Post Graduate training in Family Therapy and Systemic Therapy. She is a past President of the Board of the Australian and New Zealand Journal of Family Therapy and is a current board member and assessor for the Journal.

Application From

Introduction to Systemic Therapy and Family Therapy Workshop 2021

Please complete and return this form to hello@roxannegarven.com.au
An invoice will be sent to you shortly. Thank you for registering!

Contact Details

Name:

Address:

Suburb:

Postcode:

Phone:

Mobile:

Email: