

5 Day Introduction to Family and Systemic Therapy Workshop: Monday, 13th July to Friday, 17th July 2020

About Family and Systemic Therapy: One of the most significant contributions of the systemic approach is its viewing of problems as interpersonal and contextual. This thinking shifts the emphasis towards observing patterns of relationships, seeing problems in their context, and understanding the belief systems that underpin these patterns and relationships.

Workshop Overview

This popular, practical course, run since 2004, will introduce the key principles and clinical skills of systemic and family therapy. It provides many opportunities to practice core family therapy skills, such as, developing systemic formulations of problems, developing collaborative relationships with families, designing circular and relationship questions to elicit and evaluate problematic patterns and beliefs and to establish contexts for systemic interventions.

The workshop will also assist with the implications of making the shift from working with an individual to working with families.

Dates: This course will run over 5 days.

Times: 9.30 am to 4.00pm

Venue: 2/141 Stirling Avenue, Nedlands, WA 6009.

Overview of Format

- Article discussions (provided)
- Theory presentations
- Observation of demonstration interviews
- Simulation of family interviews
- Skill development exercises

Key Outcomes of the Course

- To understand the theoretical underpinning of the systemic approach.
- To appreciate the recursive and interdependent nature of beliefs, behaviour and context, not only around problems but around episodes that stand outside the problem (exceptions) and to understand how these shape each person's feelings, behaviour, narratives and relationships.(Circularity)
- To appreciate and evaluate the influence of context and history on meanings ascribed to problems.
- To understand the clinical importance of therapist curiosity and learning how to monitor engagement throughout the family therapy.
- To gain clinical skills in the practice of systemic hypothesising and questioning to collaboratively develop a relational and contextual understanding of problems.
- Assessing and responding to referrals and working with wider systems.
- Designing contexts for systemic therapeutic interventions.
- Developing reflecting team skills.

Fees:

Early Bird rate of \$840.00 (inclusive of GST) before or on Monday, 15th June 2020.

Regular rate: \$880.00 (inclusive of GST) after Monday, 15th June 2020.

No: of participants: Maximum 10

For course information: Please contact Roxanne Garven on
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www.roxannegarven.com.au

Application Form below

Application Form : Introduction to Systemic Therapy and Family Therapy Workshop

Please complete and return this form to hello@roxannegarven.com.au

An invoice will be sent to you shortly. Thank you for registering!

Contact Details

Name

Address:

Phone:

Mobile:

E-Mail: