



Systemic Consultation Centre

Systemic and Family Therapy Practice 4 Day Introductory Workshop May 2026

About Family and Systemic Therapy

Some of the significant contributions of the systemic approach have been its attention to the patterns of interactions around symptoms, its placement of problems within context, and its efforts to understand the belief systems underpinning people's responses to one another and to the problem. This workshop will focus on how systemic therapy is now integrated with narrative, dialogic and solution focused approaches, creating a nimble and tailored response to problems.

Workshop Overview

This popular course, run since 2004, will introduce the key principles of systemic and family therapy practice as well as provide many opportunities to practice core family therapy skills, such as, developing systemic conceptualisations of problems, generating systemic hypotheses, using circular and relationship questions to bring out and evaluate problematic patterns. The workshop will also assist with the implications of making the shift from working with an individual to working with families.

Overview of Format

- Learning is facilitated via daily article seminars, theory presentations, observation of demonstration interviews, simulation of family interviews, skill development exercises.

- Exploring the influences of the participants' beliefs and context on the therapist/ client relationship.

Key Outcomes

- To understand the theoretical underpinning of the systemic approach.
- To develop circular thinking for eliciting the patterns of interconnectedness around problems.
- To appreciate and evaluate the influence of context and history on meanings ascribed to problems.
- To gain clinical skills in the practice of systemic hypothesising and questioning to elicit a relational and contextual understanding of the problem.
- To include the referring context and wider systems in the hypothesising and interviewing process.
- To understand the therapeutic and creative importance of therapeutic curiosity in the work with families.
- Designing systemic therapeutic interventions.
- Developing reflecting team skills.

Workshop details

When: Thursday 28th May
Friday 29th May
Thursday, 4th June
and Friday, 5th June
9.00am to 4.30pm

Where:

2/141 Stirling Highway, Nedlands, Perth WA
6009. Parking available

Rates:

Early Bird: \$880.00 (inclusive of GST) when
registering before Thursday, 7th May 2026

Standard: \$920.00 (inclusive of GST) when
registering after 7th May 2026

Number of participants:

Maximum 12

For more details:

Please contact Roxanne Garven
on 0423 165 971, email
rgarven@iinet.net.au

or visit roxannegarven.com.au

Your facilitators

Roxanne Garven



Roxanne (she/her) is an experienced systemic psychotherapist and trainer with postgraduate qualifications in Systemic Family Therapy (Kensington Consultation Centre and the University of Surrey, U.K.) and is a clinical member of AAFT.

Roxanne's background is in Clinical Social Work. She is the founder and Director of the Systemic Consultation Centre, Perth, (2004) which delivers accredited Post Graduate training in Family Therapy and Systemic Therapy.

Ben Shannahan



Ben (he/him) is a systemic psychotherapist and clinical member of AAFT. Ben holds a Masters qualifications in Systemic Family Therapy (Kensington Consultation Centre & University of Bedfordshire, UK) and in Narrative Therapy and Community Work (Dulwich Centre & the University of Melbourne).

Ben is part of the teaching faculty of Partnership Projects UK, and the Dulwich Centre. He has facilitated training in family and narrative therapy nationally and internationally.

Kim Penna



Kim (she/her) is a systemic psychotherapist with a background in Occupational Therapy. She holds a Masters in Systemic Psychotherapy, completing her family therapy training at the Clanwilliam Institute in Dublin, Ireland. Kim also completed a postgraduate diploma in Systemic Family Therapy with Roxanne Garven in Perth.

Kim is a Clinical Family Therapist registered with the Australian Association of Family Therapy. She holds membership with Occupational Therapy Australia and is registered with AHPRA.

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Therapy Practice
4 Day Introductory
Workshop 2026

Application Form

Please complete and return this form to

rgarven@iinet.net.au

An invoice will be sent to you shortly. Thank you for
registering!

Contact Details

Name:

Work Context:

Mobile:

E-Mail:

Cancellation Policy

Cancellations: If you need to cancel your registration, you may exchange it with another person. If this is not possible, then cancellation up to one week prior to the course will incur an administrative fee of \$50.

If you cancel your place with less than one week's notice and you cannot exchange it, then no refund will be made except under special circumstances.