

## **A 4 Day Introduction to Family and Systemic Therapy Workshop with follow up Systemic Supervision.**

### **Work shop dates:**

Thursday, 27<sup>th</sup> July and Friday, 28<sup>th</sup> July 2023  
Thursday, 3<sup>rd</sup> August and Friday, 4<sup>th</sup> August 2023  
**9.00am to 4.30pm**

### **Systemic Supervision Dates:**

Wednesday, 30<sup>th</sup> August 6.00pm to 8.00pm  
Wednesday, 18<sup>th</sup> October 6.00pm to 8.00pm  
Wednesday, 29<sup>th</sup> November 6.00pm to 8.00pm

### **About Family and Systemic Therapy**

*"It can be seen time and again that a symptom that has remained refractory to psychotherapy...suddenly reveals its significance when seen in the context of the ongoing marital interaction of the individual and his or her spouse." Watzlawick et al ( 1967)*

Some of the significant contributions of the systemic approach have been its attention to the patterns of interactions around symptoms, its placement of problems within context, and its efforts to understand the belief systems underpinning people's responses to one another and to the problem.

### **Workshop Overview**

This popular course, run since 2004, will introduce the key principles of systemic and family therapy practice as well as provide many opportunities to practice core family therapy skills.

The workshop will also assist with the implications of making the shift from working with an individual to working with couples and families.

**Venue:** 2/141 Stirling Highway, Nedlands, WA 6009.

### **Overview of Format**

- Article discussions (provided)
- Theory presentations
- Observation of demonstration interviews
- Simulation of family interviews
- Skill development exercises and experimenting with maps of practice

### **Key Outcomes of the Course**

- To understand the theoretical underpinning of the systemic approach.

- To develop circular thinking for eliciting the patterns of interconnectedness around problems.
- To appreciate and evaluate the influence of context and history on meanings ascribed to problems.
- To gain clinical skills in the practice of systemic hypothesising and questioning to elicit a relational and contextual understanding of problems.
- To include the referring context and wider systems in the hypothesising and interviewing process.
- To understand the therapeutic and creative importance of therapist curiosity in the work with families.
- To learn about first and second order cybernetics to appreciate how the therapist's actions and language influence the therapy.
- Designing systemic therapeutic interventions.
- Developing reflecting team skills.
- To apply workshop concepts to participant's cases with follow up systemic supervision.

**Fees.** Early Bird rate of \$880.00 (inclusive of GST) when registering before Friday, 23<sup>rd</sup> June 2023. \$920.00 (including GST) when registering after 23<sup>rd</sup> June 2023.

**No: of participants:** Maximum 12

**For more information:** Please contact Roxanne Garven on mob:0423 165 971 or by email: [rgarven@iinet.net.au](mailto:rgarven@iinet.net.au) or visit [www.roxannegarven.com.au](http://www.roxannegarven.com.au)

## Application Form

### Introduction to Systemic Therapy and Family Therapy Workshop 2023

Please complete and return this form to [rgarven@iinet.net.au](mailto:rgarven@iinet.net.au)

**An invoice will be sent to you shortly. Thank you for registering!**

#### Contact Details

**Name**

**Address:**

**Mobile:**

**E-Mail:**

**Cancellations:** If you need to cancel your registration, you may exchange it with another person. If this is not possible, then cancellation up to one week prior to the course will incur an administrative fee of \$50.

If you cancel your place with less than one week's notice and you cannot exchange it, then no refund will be made except under special circumstances.

